

RCC PREGNANCY & PAEDIATRICS FACULTY EVENT

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RCC Pregnancy & Paediatric Faculty Symposium 2025: The Impact of Birth

**Holiday Inn Peartree Roundabout,
Woodstock Road, Oxford OX2 8JD**

Friday

- 16.45 – 17.15 Registration
17.15 – 17.30 Welcome from the committee
17.30 – 18.30 Anna Papadopoulou FRCC (Paeds) – ‘Secrets to an aligned pregnancy: How to guide and support your pregnant patients.’
18.30 – 19.30 Philippa Wilmot LRCC – ‘Building a trustworthy presence in pregnancy and paediatric chiropractic care.’
20.00 Buffet supper

Saturday

- 08.30-09.00 Registration
09.00 - 10.30 Anne Matthews – ‘Weaving the pre & perinatal education perspective, baby body language and permission-based child consent into your chiropractic paediatric practice: Part 1.’
10.30 - 11.00 Break
11.00 - 12.30 Anne Matthews – ‘Weaving the pre & perinatal education perspective, baby body language and permission-based child consent into your chiropractic paediatric practice: Part 2.’
12.30 – 13.00 Darren Barnes-Heath – ‘The Polyvagal System: A brief neurologically interactive guide to the fight flight and freeze responses and how to manage them in the clinical setting.’
13.00 - 14.00 Lunch
14.00 - 15.15 Aurelie Petitclerc LRCC – ‘Feeding issues: A whole-body story.’
15.15 - 15.45 Break
15.45 – 17.00 Steve Williams FRCC (Paeds) – ‘The parasympathetic tone in infants.’
17.00 – 17.30 Committee Q & A and Closing remarks

JUNE 2025

Fri 27th & Sat 28th

1.5 day programme

Registration

RCCPPF Members - £315
RCC member - £335
Non member - £425

Registration includes buffet dinner on Friday evening, lunch on Saturday and refreshments throughout. Free parking is included but please ensure you enter your registration details with reception to avoid a fine.

If you require accommodation, please make your own arrangements.
Suggested accommodation:

Holiday Inn Oxford Peartree
Travelodge Oxford Peartree Hotel

Registration closes:

Friday 20th June 2025, 5pm

Cancellation policy:

Fees will be refunded, less a £50 administration charge, for all cancellations received at least 30 days before the event (28th May 2025). No refunds will be given after this date.

****Please do not attend this event unless you have received confirmation of a place and received joining instructions.****

Please contact events@rcc-uk.org with any questions.

To register please visit:

rcc-uk.org/rcc-events

Speakers

Darren Barnes-Heath MRCC

Darren's interest in developmental neurology has grown over the 28 years he's been a chiropractor, becoming more of a passion when he became a dad. He started teaching developmental & functional neurology 12 years ago with the aim to make neurology as simple and relevant as possible, helping practitioners understand how they are affecting a child's brain and giving them more treatment options.



While he attempts to keep up with the emerging research, his days are mostly spent in clinic, treating children with mild, moderate and severe learning disorders. He combines chiropractic techniques with sensory activation and primitive reflex integration to target the under-developed parts of the child's brain, no longer taking on patients with musculoskeletal complaints. The blend of practical knowledge and research comes across in the Developing Brains seminars which he has now taught in 12 countries to various professions: chiropractors, physiotherapists, osteopaths, occupational therapists, developmental therapists, behavioural optometrists, speech and language pathologists, psychologists, paediatric neurologists, MDs and specialists in education.

Darren's postgraduate learning included over a thousand hours of functional neurology and, to broaden his understanding of how children learn and different ways to assist this, he observed and took CPD provided by vision specialists, occupational therapists, physiotherapists, audiologists and speech & language therapists.

Darren has worked for three local schools providing assessment and interventions for the children the teachers had identified as struggling. He receives referrals from across the UK and Europe who may attend his clinic in Lincoln, UK, for a week of intensive therapy.

Anne Matthews

Anne is the Clinic Director and Principal of the Belfast Chiropractic Clinic and Complementary Therapies which she set up in 1987. She leads a collaborative care team of chiropractors and complementary therapists focusing on the integrative ethos of caring for the diverse physical and emotional needs of the family with the mission of creating wholesomely connected families. Anne's professional background includes physiotherapy, chiropractic, biomechanics, craniosacral therapy together with paediatric neurodevelopmental training. She is also a pre & perinatal educator (PPN Ed) having completed the certification program with the Association of Pre and Perinatal Psychology and Health (APPPAH). Anne's special interest area is in working therapeutically with newborns and older babies, children, their parents and pregnant mums. Her passion is to integrate and weave her extensive range of therapeutic skills as she works with children through the lens of the pre & perinatal educator. Her focus is on the resolution of prenatal, birth and early years trauma as she interprets early imprints utilising her baby body language approach, namely reading and interpreting how a baby or child expresses their past experiences physically, developmentally and emotionally. In her treatment sessions, Anne also focuses on expanding a parents' awareness in order to facilitate them in having a deeper connection with their child together with giving practical advice on management, developmental focussed exercises and activities..



Aurelie Petitclerc

Aurelie graduated from the French chiropractic college in 2006. She is certified from the International Chiropractic Paediatric Association (CACCP) and is an international board-certified lactation consultant (IBCLC). Her professional experience in four different countries (France, Scotland, US and Canada) and international training in oral dysfunctions and tethered oral tissues makes her chiropractic approach unique. She is passionate about the wellbeing of the mum/baby dyad and their success in the breastfeeding journey. Besides her busy practice, she has trained more than 500 francophone providers including chiropractors, dentists, midwives, doctors, SLTs, OTs and Doulas.



Anna Papadopoulou FRCC (Paeds)

Anna Papadopoulou is a distinguished chiropractor who graduated from AECC University College in 2014. She has since enhanced her expertise by obtaining several advanced qualifications, including the Diplomate of the American Chiropractic Neurology Board (DACNB) and a Masters in Advanced Professional Practice, specializing in musculoskeletal health in paediatrics. This diverse academic foundation enables her to concentrate on paediatric developmental and musculoskeletal health. Anna has actively participated in numerous research initiatives and has been invited to present her findings at various national and international conferences, with her latest research focusing on the demographic profiles of children seeking chiropractic care in Cyprus. She has authored her first book: 'Secrets to an Aligned Pregnancy: A Practical Guide.'



Currently, Anna practices privately in her hometown of Nicosia, Cyprus, while also serving as a part-time Anatomy Dissection tutor and Clinical Associate at the University of Nicosia's Medical School. Over the past five years, she has made significant contributions to paediatric chiropractic care across the UK, Cyprus, and the Middle East. In 2021, she became a Fellow of the Royal College of Chiropractors' Pregnancy and Paediatric Faculty and is a co-opted member of the Faculty Committee. Anna is also advancing her academic career by developing and leading the paediatric neurology module for the new Master of Science in Chiropractic Paediatrics program at Logan University (USA), from 2022 to 2024.

Steve Williams FRCC (Paeds)

Steve Williams has practiced chiropractic and had a significant interest in chiropractic paediatrics for the past thirty years. He lectures extensively to chiropractic, medical and dental groups throughout Europe, the United States and Australia, primarily on the subjects of chiropractic paediatrics and SOT. He has been the key note speaker for many chiropractic organisations and undertakes more than 20 speaking engagements per year.



Steve has previously served as vice president of the British Chiropractic Association and the UK regulatory body for chiropractic, the General Chiropractic Council. He is also a past president of both SOTO (Sacro Occipital Technique Organisation) Europe and SOTO International, and was a founding board member of the Royal College of Chiropractors Pregnancy & Paediatrics Faculty.

Steve helped to develop, validate and teach on the MSc Chiropractic Paediatrics at the AECC (now HSU), and currently teaches the undergraduate paediatric programs at both Madrid College of Chiropractic and Barcelona College of Chiropractic. For a number of years Steve presented a 36-hour certificate series for Logan College of Chiropractic.

Steve is the author of the widely acclaimed book 'Pregnancy and Paediatrics: A Chiropractic Approach' published in 2005 and is the principal of a large family-based practice in Southampton UK specialising in craniopathy and paediatrics.

Phillipa Wilmot LRCC

Phillipa Wilmot is an award-winning chiropractor, certified business strategist, and military wife, balancing life as a mum of three and the owner of a thriving family practice. As the founder of *ChiroVisibility*, she mentors chiropractors to embrace their unique stories and connect authentically with their communities through tailored strategies, memberships and courses.

With over 15 years of experience in chiropractic care, Phillipa is passionate about empowering chiropractors to grow their visibility and confidence, especially in paediatric and family care.

Phillipa's mission is simple: to help chiropractors shine with purpose and clarity in everything they do.



To register please visit: rcc-uk.org/rcc-events



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