

PREGNANCY & PAEDIATRICS FACULTY RCC LIVE WEBINAR

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RCCPPF Webinar Series (4): Weaving the Pre & Perinatal Education Perspective into your Chiropractic Paediatric Practice

with Anne Matthews

During November we are delivering a series of webinars from the Pregnancy & Paediatric Faculty. This is the last in the series.

Webinar Outline

In this last webinar of the RCC's Pregnancy & Paediatric Faculty webinar series, Anne will share clinic scenarios as she makes the pre & perinatal focus more accessible whilst offering insights to the range of challenges that children face in reaching many of their developmental milestones. These can range from the unsettled newborn who cries excessively or has issues around sleeping, feeding, pooping etc., to the baby who dislikes tummy time, crawling and sleeping on their back, to the toddler who has emotional meltdowns triggered by their early signs of developmental delay.

Learning Outcomes

- Understand the basic principles of pre & perinatal education
- How to apply permission-based practice from the child's perspective
- Be able to recognise common Baby Body Language cues
- Understand how to manage parents expectations

Speaker

Anne is the Clinic Director and Principal of the Belfast Chiropractic Clinic and Complementary Therapies which she set up in 1987. She leads a collaborative care team of chiropractors and complementary therapists focusing on the integrative ethos of caring for the diverse physical and emotional needs of the family with the mission of creating wholesomely connected families.

Anne's professional background includes Physiotherapy, Chiropractic, Biomechanics, Craniosacral Therapy together with Paediatric Neurodevelopmental training. She is also a Pre & Perinatal Educator (PPN Ed) having completed the certification program with APPPAH, the Association of Pre and Perinatal Psychology and Health. Anne's special interest area is in working therapeutically with newborns and older babies, children, their parents and pregnant mums. Her passion is to integrate and weave her extensive range of therapeutic skills as she works with children through the lens of the Pre & Perinatal Educator. Her focus is on the resolution of prenatal, birth and early years trauma as she interprets early imprints utilising her Baby Body Language approach, namely reading and interpreting how a baby or child expresses their past experiences physically, developmentally and emotionally. In her treatment sessions, Anne also focuses on expanding a parents' awareness in order to facilitate them in having a deeper connection with their child together with giving practical advice on management, developmental focussed exercises and activities.



NOVEMBER 2024

Tuesday 26th

19:15 - 20:15

Free for RCC Members - a link will be provided by email.

Non-Members: £35 - to register please visit: rcc-uk.org/rcc-events

Registration closes:
Tuesday 26th November 2024, 5pm

Chair: Darren Barnes-Heath MRCC