

# RCC LIVE WEBINAR

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## Identifying and Managing Patients with Axial Spondyloarthritis Part 1: Pathophysiology, diagnosis and referral with Paul Early

### Webinar Outline

This webinar provides the first standalone part of a two-part series that aims to raise awareness of axial spondyloarthritis (axSpA), a condition diagnosed after an average of 8.5 years in the UK. Our speakers, who each have lived experience of axSpA, will share their insights and knowledge to improve understanding and management of the condition. These events seek to inform participants about recognising the signs and symptoms of axSpA, increase their confidence in using tools and resources to facilitate referrals, and provide an understanding of the management strategies for axSpA.

### Learning Outcomes

Following this webinar you will:

- Understand the pathophysiology of axSpA
- Be able to identify inflammatory back pain
- Be able to recognise presenting symptoms of axSpA to inform a differential diagnosis
- Appreciate the impact of diagnosis for the patient
- Gain awareness of referral guidelines, clinical decision support tools

### Speaker

Paul is an advanced practitioner physiotherapist at Connect Health North West NHS CATS and specialist senior physiotherapist in private practice at Wilmslow Physio. He has 16 years' experience working in musculoskeletal practice and life experience of living with axSpA and the challenges of diagnosis. This has had a strong and positive influence on his professional and personal life and is a driver for raising awareness of AxSpA and improving clinical reasoning for timely recognition of inflammatory back pain.



**JULY 2024**

**Wednesday 3<sup>rd</sup>**

**19:00 - 20:00**

**Free for RCC Members** - a link will be provided by email.

**Non-Members:** £35 - to register please visit: [rcc-uk.org/rcc-events](https://rcc-uk.org/rcc-events)

**Registration closes:**

Wednesday 3<sup>rd</sup> July 2024, 5pm

**Chair:** Matthew Barks FRCC (Pain)

**IDENTIFYING AND MANAGING PATIENTS WITH AXIAL SPONDYLOARTHRITIS  
Part 2: Signs and symptoms, patient journey and self-management**

Tuesday 9<sup>th</sup> July 2024, 19.00 – 20.00

*Registration details to follow...*